



CALENDAR

- November 15, 2022** EERTA Board Mtg.
- December 7, 2022** EERTA Holiday Party
- January 5, 2023** LIZ Board Meeting
- March 6, 2023** LIZ NEWS Deadline
- April 19, 2023** LIZ Spring Luncheon

DIRECTORY

- President Eileen Holmes
- Vice President Valentine Stype
- Secretary Alicia Winowsky
- Treasurer Dominic LiCausi
- Awards Co-Chair Mary Ella Moeller
- Awards Co-Chair JoAnne Powell
- Bylaws Chair JoAnne Powell
- Community Service Angelo Grande
- Finance & Budget Chair Leigh Powell
- Friendly Service Co-Chair Dee McKinnon
- Friendly Service Co-Chair. Alicia Winowsky
- Health Advocacy Chair JoAnne Powell
- Historian Valentine Stype
- Legislation Action Valentine Stype
- Membership Chair Open
- Nominations Chair Kathy Grande
- Program Chair Valentine Stype
- Public Relations Chair Eileen Holmes
- Resolutions Chair Bob Svoboda
- Newsletter Editor JoAnne Powell
- Website & Facebook JoAnne Powell
- EERTA President Fred Conway
- WERTA President Emily Caristo

Valentine Stype Receives LIZ Distinguished Service Award

A huge round of applause was heard as it was realized that Valentine Stype was the recipient of the Distinguished Service “Silver Pin” Award during the Long Island Zone Annual Meeting at the Irish Coffee Pub on Wednesday September 21st.

Awards Co-Chair Jo Anne Powell led up to the presentation with:
This person served in the Air Force, worked in the family business and was featured in the Suffolk Times newspaper. Our recipient began a teaching career in the 80's and was well-loved and respected in a South Fork school district. As a more recent member of Retired Educators of NY and Long Island Zone, this person jumped in wherever needed! –a vital member of the 2022 RENY Convention Host Committee; bringing the position of Historian into the digital world, filling the important position of Legislative Action Chair when there was a vacancy, contributing to every issue of LIZ NEWS, representing Long Island Zone as Vice President, planning excellent luncheons, personally providing an open bar for our members in celebration of returning from COVID, and enriching us all with a cheerful disposition. Most importantly, our colleague encourages fellow retirees, providing a positive environment for us to grow, assist others and enjoy our retirements! By now, I am sure you recognize our own Valentine Stype, Jr!



Jo Anne Powell, honoree Valentine Stype & Mary Ella Moeller

Long Island Zone recognizes members for working hard to have a significant positive effect on the operation of LIZ & RENY and presents the LIZ Distinguished Service “Silver Tray” Award & Certificate to the member who the LIZ Awards Committee considers the most outstanding. Established in 1968, the Award was updated by the 2012 committee. JoAnne designed a “Silver Tray” Pin, Certificate & special nametag.

There have been 51 recipients of this honor since the award’s inception 53 years ago (fewer recipients because of annual meetings cancelled due to COVID). Presently, our Award recipients are 2002-Mary Ella Moeller, 2007-Jo Anne Powell, 2012-Leigh Powell, 2013-Fred Conway, 2014-Mary Armbruster, 2015-John Ruggiero, 2017-Eileen Holmes, 2017-Evelyn Paola, 2019-Kathryn Grande & 2022-Valentine Stype.



Mary Ella Moeller, SuzAnne Jessup, Jim Davies, and Lois Thornberg were the lucky winners of the fall-inspired door prizes at the Irish luncheon Coffee Pub

Retired Educators Return to Turning Stone

The Long Island Zone hosted “A 2020 Vision of Long Island in 2022” October 12-14, 2022 at the Turning Stone Resort & Casino in Verona, NY. As yard sale signs often read: “Something for Everyone!” There were giveaways, educational workshops, informational meetings, elections, delicious foods, raffle baskets, two huge true 50/50 drawings, entertainment, socialization and very comfortable rooms.

The highlight for many was the Keynote Speaker, Long Island Historian Noel Gish, who posed the question “Did You Know This About Long Island?” Not only was the illustrated talk surprisingly informational, even to Long Islanders, but Noel had the crowd laughing uproariously! If you’ve never been a delegate, think about it for next year....

photos by Kristen Cecala & Jo Anne Powell



TOP: The New York State Retired Teachers’ Association (dba Retired Educators of New York) quilt was created years ago by members from each of the Zones. The LIZ block, by J. Powell, in the upper left corner shows the original NYSRTA school house logo on the LI Units of that time. The LIZ banner was designed & painted by J. Powell for the 2011 convention. The ocean beach quilt was created by SuzAnne Jessup for LIZ to share.
LEFT: The Convention program cover, a collaboration by J. Valenti & J. Powell
ABOVE: Alicia Winowsky arrives with her usual flair & enthusiasm!



LEFT: Real crowd pleasers, former NYSRTA President Ron Wilson & 2022 Keynote Speaker Noel Gish brought cheers from the delegates who appreciated their senses of humor!



Lois Thornberg distributed raffle tickets for baskets which arrived from every corner of New York State, while Susan LiCausi & Lesley Conway handed out useful giveaways to the delegates.



LIZ member Leigh Powell was re-elected RENEY Treasurer & Lois Thornberg was nominated from the floor to become Vice President for Friendly Service.



ABOVE LEFT: Agnes Dansereau led the Pledge of Allegiance before dinner. ABOVE RIGHT: Jo Anne delivers a fistful of bills to new delegate Cynthia Mehary. BELOW: Fred Conway & "Once Upon a Tyme" Barbershoppers lead us in song.



ABOVE: Mary Ella Moeller stressed the importance of creating a Health Care Proxy while one is in good health and can discuss health care wishes. BELOW: Jo Anne Powell taught a 2-part "Calligraphy for Beginners" workshop to a hard-working group of retired educators.





Delegates Mary Ella Moeller, Jo Anne Powell, LIZ President Eileen Holmes, Fred & Lesley Conway, and Agnes Dansereau relax over coffee & tea after a busy day. Not pictured are Delegates David Keefe, Dominick & Susan LiCausi, Rosemary McKinley, Leigh Powell, Lois Thornberg, and Alicia Winowsky.

Health Care

The Pros regarding winter: snow is pretty.
 The Cons: you've got to shovel it or pay to have someone else shovel it. You don't want to drive on treacherous roads, so don't see friends as often. You worry about the cost of heating. You become cold too often. Your skin dries. You worry about COVID. You catch cold and worry that IT'S COVID. You catch the flu and think it MUST be COVID.

I can't help you with snow removal, but can recommend the wonderful app **Libby** from your local library (download it from the App Store and sign up using your library card number for reading or listening to a vast array of great books for FREE), that you become best friends with your coziest sweater, that you buy some wonderful-smelling hand & body lotion, AND that you update your vaccinations for COVID and the flu.

Social Security

The Social Security Administration announced an 8.7% cost of living adjustment for retirees, survivors and people with disabilities. This is the largest inflation adjustment to benefits in four decades — a welcome development for millions of older Americans struggling to pay their bills.

LIZ NEWS

...is available in full-color via FaceBook's "Long Island Zone of the Retired Educators of New York," email, nysrta.org and retirededucatorsny.org (click "Zones & Counties" at the top of the page, then "Long Island" in the middle, then "LIZ NEWS" at the bottom left). If we don't have your email, please send it to KCecala@nysrta.org. If you have news, please send it to Lizonenews@gmail.com. Thanks!

East End News



Bob Svoboda delivered a check to Dr. Sam Ahmed, Longwood High School Principal, for families in need.