ATTENTION NORTHEASTERN ZONE MEMBERS:

A new option is available through our Health insurance Plans 1 and 2 called "Telemedicine Benefit". To register and/or access your account call 1-866-692-5045 or online go to

Excellus BCBS.com/telemedicine. Once registered for the benefit (at no charge) you will be able to call a 1-866 phone number and speak directly with a physician over the phone to discuss any non-emergency condition that you may have at the time (i.e. allergies, sore throat, cold/flu, urinary problems/UTI, ear problems, respiratory problems, etc.). Further, you will additionally have 24/7/365 access to care when and where you need it via MDLIVE.

Please note that there is a \$40.00 flat rate to talk to the physician if//when you take advantage of this service. However, your deductible and co-insurance will subsequently take effect, making your out-of- pocket expense, once your deductible has been satisfied approximately \$8.00.



Avoid the wait. Your life is 24/7. Now your doctor is too.

You have a new healthcare benefit. Activate it today!

Need care but don't have time to see a doctor? Now, you have convenient 24/7/365 access to care when and where you need it via our partner MDLIVE.

See a board-certified doctor by secure video or phone – anytime, from anywhere

Average wait time is less than 10 minutes



Activate your account today! ExcellusBCBS.com/ Telemedicine



or call **1-866-692-5045**

B-5644 / 11238-17M

Activate your account today!

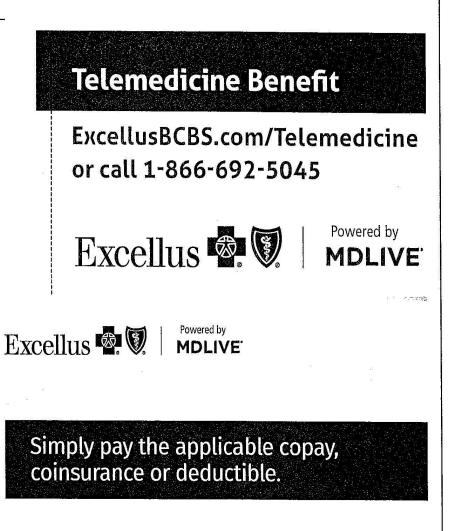
Activate your account, then you can speak with a doctor from home, office or on the go. We just need some basic medical history information, and you're good to go. Register now, because it's easier than when you're sick.

Our Health Plan complies with federal civil rights laws. We do not discriminate on the basis of race, color, origin, age, disability, or sex.

Atención: Si habla español, contamos con ayuda gratuita de idiomas disponible para usted. Consulte el documento adjunto para ver las formas en que puede comunicarse con nosotros.

注意:如果您说中文,我们可为您提供免费的语言协助。 诸参见随附的文件以获取我们的联系 方式。

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MDLIVE is an independent company, offering telehealth services in the Excellus BlueCross BlueShield service area. Excellus BlueCross BlueShield is a nonprofit independent licensee of the Blue Cross Blue Shield Association.

Board-certified doctors and pediatricians are available 24/7 for non-emergency conditions:

Allergies
Sore throats
Cold/Flu
Urinary problems/UTI

ExcellusBCBS.com/Telemedicine or call 1-866-692-5045